

Community NHS Health Checks May 2024 – Appointments Available 10am-3pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29th April Withington Library, 410 Wilmslow Rd, Withington M20 3BD (10am-1pm)	30th Kath Locke Centre, 123 Moss Lane East, Hulme M15 5DD	1st May Levenshulme Inspire, 747 Stockport Rd, Levenshulme M19 3AR	2nd Wesley Community Furniture, St Wilfrid's Street, Birchvale Close, Hulme M15 5BJ	3rd
6th	7th Woodhouse Park Lifestyle Centre, Portway, Wythenshawe M22 1QW	8th Benchill Community Centre, Benchill Rd, Wythenshawe M22 8EJ	9th St Michael's Parish Community Hall, 43-49 Orton Rd, Wythenshawe M23 0PX	10th
13th No. 93 Wellbeing Centre, 93 Church Lane, Harpurhey M9 5BG	14th Gorton Central, Highmead St, Abbey Hey M18 8PE	15th Asda Eastlands, Sport City, Ashton New Rd, Manchester M11 4BD	16th Beswick Library, 60 Grey Mare Ln, Beswick M11 3DS	17th
20th Gorton Library, 27 Garratt Way, Gorton M18 8HE	21st Longsight Library, 519 Stockport Rd, Longsight M12 4NE	22nd Levenshulme Inspire, 747 Stockport Rd, Levenshulme M19 3AR	23rd Wesley Community Furniture, St Wilfrid's Street, Birchvale Close, Hulme, M15 5BJ	24th
27th	28th Nuffield Didsbury, Unit 8, Parrs Wood Entertainment Centre, Wilmslow Rd, East Didsbury M20 5PG	29th Benchill Community Centre, Benchill Rd, Wythenshawe, M22 8EJ	30th Wythenshawe Mosque, 7 Moor End, Northenden, Wythenshawe, M22 4JQ	31st Manchester Central Library, St Peter's Square, Manchester M2 5PD



NHS Health Check Eligibility Criteria

- Aged 40 – 74
- Do not already have heart disease, diabetes, or kidney disease and not taking medication for high blood pressure or high cholesterol
- Registered with a Manchester GP practice
- Have not had an NHS health check in last 5 years

The health check consists of a blood pressure check, a small blood test to check cholesterol levels and diabetes risk, plus height and weight measurements. The health check takes around 30 minutes to complete, and you will receive a copy of your results during your appointment.

To book a Community NHS Health Check appointment please phone [07901 133 971](tel:07901133971)